

KnowHow2GO | Insider

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Get in the Game

This month marks the end of the college football season and the start of the regular season for college basketball. On game days, college students across the country will don their school colors, paint their faces and pack into the students' section of their school's gym.



These students may not look serious, but they're some of the most hard-working in the country. Many of the top five basketball teams represent universities with strong academic requirements. Check out these schools and the average GPA of accepted students below. Then, encourage your teen to take our [College Quiz](#) and find out how to reserve a seat in the students' section!

College/University	Average GPA (Weighted)*
North Carolina	4.37
Memphis	Not listed
Kansas	3.40
UCLA	4.14
Georgetown	Not listed

*GPAs provided by *The Princeton Review*

New Year's Resolution

This year, urge your teen to make the New Year's resolution that doesn't involve eating less pizza and ice cream. Encourage him or her to tell everyone that college is the plan – and their help is needed: "Ask friends not to complain when studying comes before hanging out. Ask teachers and school counselors which classes are required for college. And ask your parents, coaches and other caring adults to provide encouragement during stressful times."

Once your teen has the necessary support, tell him or her to click on the appropriate grade level for tips on college prep:

- [Middle Schoolers](#)
- [Freshmen](#)
- [Sophomores](#)
- [Juniors](#)
- [Seniors](#)

Happy Anniversary to KnowHow2GO!

This time last year, we knew that teens had big dreams of going to college. We also knew that most parents let their teens decide if they want to pursue college. So we decided to help these teens by developing [TV and radio ads](#), building a Web site – [KnowHow2GO.org](#) – and asking local mentor groups to show them the steps to college.



We teamed up with groups like the [YMCA](#) and regional [Boys & Girls Clubs](#) of America. We threw pep rallies, played quiz shows and hosted a performance by [Fonzworth Bentley](#), hip-hop artist and voice of the "[Wanna Go](#)" radio ad. We flew contest winners to Orlando, FL, and filmed the five college grads who became virtual hosts for [KnowHow2GO.org](#). Now, we're making new TV and radio ads and building a virtual campus tour.

Let us know how else we can help make your teen's college dreams a reality by sending an e-mail to news@KnowHow2GO.org!

College Myth

There isn't a lot of financial aid available and what is available only goes to a few of the very best students.

This is almost always false. To find out why and to debunk more common myths about college, click [here](#).

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